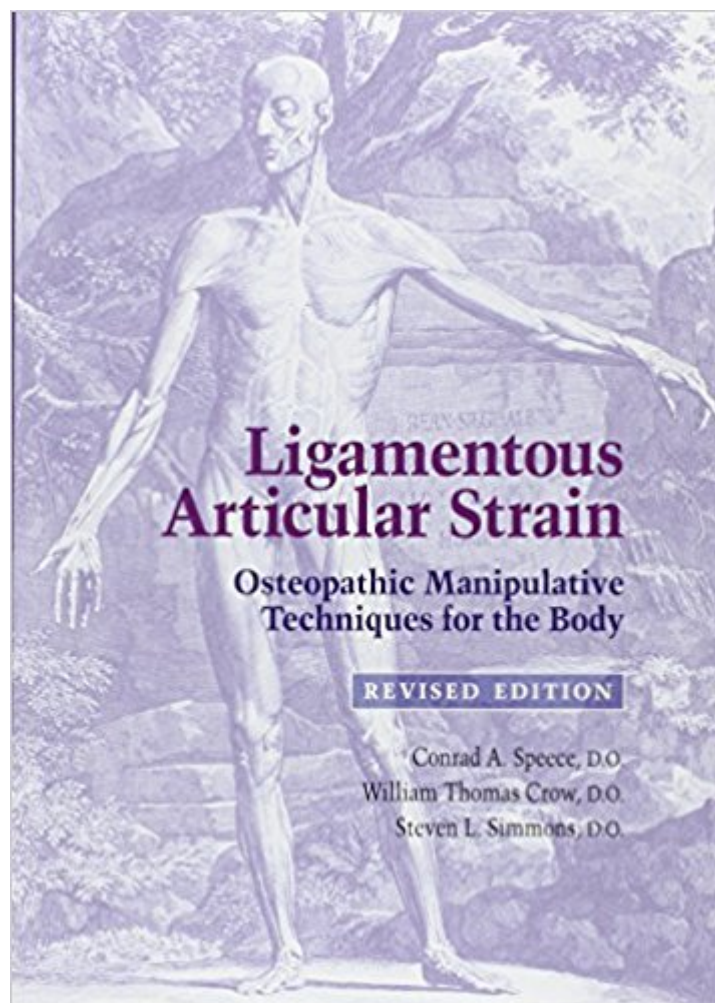




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Ligamentous Articular Strain: Osteopathic Manipulative Techniques For The Body: Revised Edition



Synopsis

The osteopathic profession has developed many treatment modalities and approaches to manipulation. Ligamentous articular strain is the name given by William G. Sutherland, D.O., the founder of cranial osteopathy, to a group of techniques that he used for treating the body outside the core axis of the craniosacral system. The term has since come to refer to a wide variety of techniques that engage the body's own healing mechanisms in a relatively direct manner. For over thirty years the Dallas Osteopathic Study Group, originally under the tutelage of Rollin Becker, D.O., has been exploring this type of manipulation. Ligamentous Articular Strain is the distillation of their work. The introductory chapters address the historical development of this approach, and review some of its scientific underpinnings. The remaining chapters are devoted to an examination of the body, area by area, from the feet to the shoulders, describing and depicting effective manipulative techniques. Ligamentous Articular Strain provides clear instructions and vivid illustrations which will enable the trained practitioner to quickly gain proficiency in these techniques. It also presents a cogent approach to working with the concepts of the key lesion and the bowstring, first developed by Rollin Becker. In this revised edition, over a hundred new illustrations graphically depict the techniques described in the book, and minor changes have been made to update the text.

Book Information

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Customer Reviews

Conrad A. Speece, D.O. is a 1974 graduate of the Kansas City College of Osteopathic Medicine, and is board certified in Family Practice. He has lectured on ligamentous articular strain techniques and other aspects of osteopathy throughout the United States, Europe, Canada, Japan, and Russia.

In addition to his private practice, he has been a member of the teaching faculty of the Texas College of Osteopathic Medicine since 1983 where he trains students and residents, and is a research full professor at the Post-Graduate School of Clinical Research at A. T. Still University. Dr. Speece has been a member since 1975 and serves as Chairman of the Dallas Osteopathic Study Group, an organization dedicated to refining and expanding the osteopathic approach to treating the human body. He is also an inventor who, among other things, developed and patented the Back-Master Lumbar and Thoracic® OMT Devices. William Thomas Crow, D.O. is a graduate of the University of North Texas Health Science Center-Texas College of Osteopathic Medicine, and is certified by the American Osteopathic Board of Neuromusculoskeletal Medicine. He is the Director of the Family Medicine/ Neuromusculoskeletal Medicine Residency Program at Florida Hospital East Orlando. Dr. Crow is a professor at the University of Health Sciences at Kansas City, Pikeville College of Osteopathic Medicine, and Nova Southeastern College of Osteopathic Medicine. He has lectured in Japan, Australia, Germany, Austria, and widely in the United States. He is the author of multiple research papers. Steven L. Simmons, D.O. is a graduate of the University of North Texas Health Science Center-Texas College of Osteopathic Medicine. He is presently a family practice resident in Fort Worth, Texas. Dr. Simmons has written and illustrated Osteopathic Manipulative Medicine-Review for the Boards.

Excellent cross to bring crainiosacral to myofascial energetic massage together. Seeing the connection of the long ride of cranial sacral rhythm to all the fluids including the synovial fluid was interesting and allows gentle release of adaptive patterns.

This is a great book for anyone who already has a working knowledge of craniosacral therapy, rolfing or similar bodywork. I am not certain a lay person would understand it or be able to implement the suggested protocols and diagnosis, but for health pros and those very familiar with anatomy, physiology and fascia- I do recommend it as another tool for your box.

Excellent

This book is written for osteopathic physicians and other body practitioners - the techniques described are easy to understand and easy to do, and the theory and history of the techniques makes me feel more connected to my osteopathic roots -

Fabulous book. fabulous seller!

Read it as as OMS4, now in residency I practice LAS all the time. It truly changed the way I practice osteopathy. This stuff really works.

I'm very delighted to have both this book since it's showed and explained me a lot. I had only basic courses in myofascial release but this actually is a gem, true gem. It also gives you a tool for diagnosing lesions which are (diagnostics) so often are excluded in courses and books that I could find and it actually takes a practitioner to look at the human body as a whole and not just the sum of parts!! I hope there will be more books like this one. I'm absolutely satisfied and definitely inspired!!

Speece and Co have done a great service by putting this book together. Instead of just techniques, the osteopathic approach to how to use them and common symptoms make the book easy to pick up and use in practice. The diagrams are excellent and easy to follow. All areas of the body are covered (except for cranial) and a great section on treatment order and treatment of the diaphragms.

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